American Fork city scoop

GOT SEASONAL AFFECT DISORDER (S.A.D) ? WE'VE GOT IDEAS

It's that time of year when gray skies can give you the blues. Especially if you don't get out, get involved or get exercise. In case you're struggling for ideas, we have several:

JOIN A CITY BOARD OR COMMITTEE, OR VOLUNTEER

City Boards & Committees

Several City boards and committees looking for volunteers. Time commitments vary, but to learn about our opportunities, http://www.afcity.org/866/Volunteering.

The City is in particular need of volunteers for the following:

Committee Openings

- Beautification Committee
- Friends of the Library
- Historic Preservation Committee
- Senior Citizens Committee
- Steel Days Committee

Volunteering Opportunities

- Steel Days Volunteers
- Summer Concerts Volunteers

LEARN ABOUT CITY GOVERNMENT

- Tune into a live City Council meeting or meet an elected official. (Meetings are every second and fourth Tuesday, typically at 7:30 p.m., at City Hall.)
- If you can't attend, watch Council meetings, either livestreaming or archived, via the American Fork City Countil YouTube Channel
- Learn about the City's finances (basically everyone's first choice of quality entertainment in the wintertime.) Simply go to the Open Budget Portal on our web site, www.afcity.org (under the "Finance" section, or at https:// americanforkut.opengov.com
- If you're a Scout, or parent, join us for of our our Meet the Councilman nights, specifically designed to help Scouts get their citizenship badge. (See schedule on pg. 3 of this newsletter.)

For more opportunities and things to do, visit www.afcity.org or follow us on Twitter (@AmericanForkAFC) or Facebook (https://www.facebook.com/AmericanForkAFC).

SNOWBIRD: HOT TOPIC ON A CHILLY CONCEPT

Recently, Mayor J.H. Hadfield, and American Fork City Council members, Brad Frost and Rob Shelton, presented a letter to Snowbird Ski Resort, on behalf of the City.

The letter asks Snowbird to study how a possible ski resort expansion into Utah County may have on American Fork Canyon and the City of American Fork's water supply (as the Canyon is the primary source of water for the City.)

According to the statement, the Canyon provides culinary water from at least three springs: American Fork Spring, the Timpanogos Cave Spring and the Powerhouse Spring.

The letter adds that the Canyon is the primary source of water for the City's pressurized irrigation system from Tibble Fork Reservoir and Silver Lake.

For information, or to read the letter, go to http://www.afcity.org/678/ City-Council. You can also follow efforts via the County Commisioner Web site at http://www.utahcounty.gov/Dept/commish/index.asp.

SCAMMER ALERT

American Fork Police Department recently received two reports of fraud regarding properties listed for rent online.

The scammers who posted the properties did not have legal ownership or management of the homes they were advertising.

Once an interested buyer makes contact with the alleged seller (via text, email or voice call) the seller persuades the victim to send money with an agreement that keys to the property will be mailed to the buyer after payment is received.

- Do not surrender your personal information electronically without a face to face interaction as many of our reports are generated from scammers operating out of state.
- Do not submit credit card information or copies of your driver's license.

Always confirm the validity of the sale and be skeptical of prices advertised online at an unusually low price. Contact the Police Department to report fraudulent activity (801) 763-3020.

NEW TLC REALITY SHOW, STARTING FEB. 2, FEATURES LOCAL FAMILY

A new reality TV show, featuring an American Fork family with quadruplets premiers Tuesday, Feb. 2 on TLC. The show is called "Rattled." The show follows four couples who are new parents, and who live in different parts of the country, as they experience unique situations.

The one couple who lives in American Fork, Tyson & Ashley Gardner, went through infertility before welcoming four babies (two sets of identical twins) about a year ago.

The series will follow the evolution of these families as their babies enter the world, and what that means to each of them. For information about the show, follow @TLC on Twitter with the hashtag #Rattled, and visit http://www.tlc.com/rattled/.

SNOW AND ICE SAFETY TIPS

With winter in full swing, it's smart to make sure you are being as safe as possible with winter activities.

A favorite is ice fishing. Before you go out on the ice, consider these tips:

- Old ice is not as safe as new ice.
 Look for clear ice that is at least
 4 inches thick in order to safely stand on it.
- Just because ice is thick where you are standing doesn't mean it's the same thickness all around.
- Heavy snow can slow freezing and weaken the ice.

- If someone falls into the ice call 911. Avoid running to the edge of the ice. However, our team is prepared for an ice rescue.
- Throw rope or extend a ladder to the person. Assure the victim that help is on the way. A nonprofessional should avoid going out on the ice.
- Stay safe and enjoy being outside.

For information visit: http://firstaid.about.com/od/heatcoldexposur1/ht/06_icesafetyhtm

CALLING ALL GOOD LISTENERS

Volunteers are needed for The Crisis Line, an advocacy and support group located in Provo. It is a free listening and referral service for those experiencing a crisis of any nature. Volunteers are asked to volunteer at least three hours each week to lend a listening ear to members of our community. For sign up as a volunteer, or for more information, e-mail utahcountycrisisline@gmail.com or visit www.crisislineuc.org.

CITY SEMINARS SET TO HELP SCOUTS GET CITIZENSHIP BADGE

One of the three aims of scouting is citizenship, and Boy Scouts of America is trying to ensure that scouts have ample opportunity to be involved in their community and to meet with civic leaders.

To give scouts a chance to meet City Council members, we are hosting monthly "Meet the Councilman" nights. At these events, a member of the City Council will address scouts in a group setting. Scout groups of all ages are invited.

Council members will talk for 20 minutes about their responsibilities and issues facing our community.

These meetings fulfills the following requirements:

For Cub Scouts, ages 8-11

Meet with a government leader and discuss issues facing your community, learn about changes in your community, select one issue in your community and present a solution, learn about energy use in your community, and to talk to someone who works for the community.

For Boy Scouts ages 12-17

Visit a civic leader and discuss rights, duties, and obligations, learn about environmental issues in your community, and interview someone who works for your city and learn how scouts can help solve an issue facing the community.

Registration is not required.

SCHEDULE FOR 2016

Thursday, Feb. 18, 6 to 7 p.m. Thursday, March 17, 6 to 7p.m. Wednesday, April 20, 6 to 7p.m. Wednesday, May 18, 6 to 7 p.m. Wednesday, June 15, 5 to 6 p.m.

DUP SURVIVES WINTER, TAKES OFF SUMMER

Daughters of the Utah Pioneers (DUP) invites everyone to attend its meetings, held every second Monday of the month, 1:30 to 3:30 p.m., at the Senior Center at 54 E. Main St. At meetings, members discuss efforts to preserve the memory of Pioneers who settled Utah. Meeting dates are listed below:

- Feb. 8
- March 14
- April 11
- May 9
- No meetings in the summer
- Sept. 12
- Oct. 10
- Nov. 14
- Dec. 12

For information, contact Gloria Scovill at (801) 756-4939.

FINANCE CORNER

In an effort to improve financial transparency within the City, each month we will share a quick financial fact here in our City newsletter. You can also see more detail about how the City manages its finances on our financial transparency portalhttps://americanforkut.opengov.com/transparency.

The City's December waste flow to Timpanogos Special Service District (TSSD) decreased 13.2 percent compared to December 2014.

As a result, the City's December TSSD bill was \$17,406 less than the previous year (7.9 percent lower than last December) and 15. 7 percent lower than than December 2010. That is the lowest it has been in 15 years, even with all the growth since that time, and regardless TSSD rate increases.

SCHOLARSHIPS AVAILABLE

If you are the parent of a child with an IEP enrolled in a public school, you may be interested in a scholarship that helps you enroll your child in a private school through the Carson Smith Scholarship Program. For information go to http://www.schools.utah.gov/sars/Quick-Links/Carson-Smith-Scholarship.aspx.

UPCOMING EVENTS

| Date and Time | Event | Location | Details |
|-------------------------------------|--|---|--|
| Feb. 4, 7 p.m. | Teen Thing | American Fork City Library | Annual Board Game Night! Come have fun playing games with your friends! |
| Feb. 5, 6:30 p.m. | Movie Night | American Fork City Library | Doors open at 6:30p.m., Movie begins @ 7p.m. Join us to watch "Sleepless in Seattle" Free registration at: Librarymovienight.eventbright. com |
| Feb. 10, 17 & 24, 4:15 to 5:45 p.m. | Especially for Teens | City Hall, 31 N. Church St. | Registration is \$25 and covers art supplies. |
| Feb. 12, 7 p.m. | Valentine's Day Concert | City Hall, 31 N. Church St. | A \$10 donation is suggested per couple. The concert will feature Opera and Broadway songs. |
| Feb 13, 20 & 27, 10:30 a.m. to noon | Lovin Art | City Hall, 31 N. Church St. | Registration is \$25 and covers art supplies. |
| Wednesdays, 5 p.m. to 6 p.m. | Bravo Troupe, Music Theater Skills Class, ages K-12 | American Fork Fitness Center, Art Annex | Cost \$30/month. There will be a performance in March. |
| Feb. 15, 2016 | Presidents Day | American Fork City | The Administrative Office, Library and Public Works will be closed for Presidents Day |
| Feb. 18, 4 p.m. | Full STEAM Ahead | American Fork City Library | FREE! Ages 8-11 Registration begins Feb. 1, at fullsteamaheadfebruary. eventbrite.com limited to 25 students |
| Feb. 18, 7 p.m. | Create! Cooking Class | American Fork City Library, Community Room | Sponsored by USU Extension Service. Ideas to help get a healthy dinner on the table. New recipes for a new year. |
| Feb. 22, 7:30 p.m. | Wasatch Winds, Concerto Mania | American Fork High School Auditorium | Kids age 5 and younger are Free, Students \$3, Adults \$5, Immediate Family, \$15. |

City Council meetings on the 2nd and 4th Tuesdays of each month, typically at 7:30 p.m. Meeting Agendas, minutes, information, and City and Community events are listed on our on-line calendar at www.afcity.org.

You can also follow us on Twitter or Facebook for reminders about City events.

