

Adult Basketball League Roster and Player Waiver

Team Name _____; Team Manager _____; Phones: hm/cell _____; wk _____; e-mail _____

Player Waiver: Please read before signing!

In consideration of your accepting my participation in the Adult Basketball program, I hereby, for myself and my heirs, do waive and release any and all rights and claims for damages I may have against the City of American Fork, the Adult Basketball League, their respective representatives or officials, or the Alpine School District for any and all injuries, disability, death, loss or damage to personal property, suffered by myself or any member of my family, going to, coming from, or while at any American Fork sponsored adult basketball game, practice, event or related activity for ordinary negligence.

I recognize that Basketball is a physically active sport that has some very significant inherent risks to the participants and/or spectators. Basketball is played on hard and sometimes slippery surfaces with equipment that can cause injury whether used properly or improperly, and against other individuals whose actions cannot always be controlled or predicted. I recognize that possible injuries associated with basketball include, but are not limited to: breaks or sprains to legs, arms, wrists, ankles, ligament or cartilage tears, concussions, eye injuries (scratch, gouge or loss), broken nose, loss of teeth, permanent paralysis, etc., even though I, as a participant, and at my own discretion and prerogative, may be wearing protective equipment.

I also agree to be responsible for damages to the equipment and/or facilities in which I play that may occur as a result of an accident or intentional act on my part or any member of my family.

I hereby certify with my signature below that I have read this waiver and acknowledge that there are significant risks involved in the game of basketball. I hereby assume all such risks, both known and unknown. I also understand and acknowledge that neither American Fork City nor the Adult Basketball League provides accident and medical insurance for the participants in this program. I further state that I and all members of my family are covered by adequate accident and medical insurance.

Print or Type

| | Name of Player | Hm/Cell Phone | City of Residence | Player's Signature |
|----|----------------|---------------|-------------------|--------------------|
| 1 | Team Manager: | | | |
| 2 | Asst. Manager: | | | |
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For liability reasons this League Roster and Player Waiver must be read and personally signed by each player. Any signature that is made by anyone other than the individual indicated or other deliberately false information, such as false addresses, will be deemed to be fraudulent and will be reason to eliminate the team from any additional play in the league including forfeiture of all fees paid.

Acknowledged by: _____, Team Manager Office: paid-\$_____ Date: _____ By _____

AMERICAN FORK ADULT MEN'S BASKETBALL LEAGUE BYLAWS

Amended: November 11, 2008

The American Fork Adult Men's Basketball League will adhere to the following bylaws:

I. LEAGUE

- A. League - The league shall be known as the American Fork Adult Basketball League
 - 1. The league shall be made up of two or three divisions of teams of relative skill levels that will play within the division for recreational purposes
 - 2. Teams will be accepted into the league on a first-come-first-served basis
 - a. upon payment of league fees, and
 - b. upon submitting a completed and signed roster of eligible players
 - 3. League fees and deadlines shall be determined by the league director and shall be available for examination upon reasonable request by a player in the league
- B. Officers - The officers of the league shall include
 - 1. Director - conducts meetings; appoints Assistant and Committee Members; budgets, collects and distributes league funds as needed; contracts for league facilities and services; determines and sets league schedules; implements league bylaws; disciplines league members or teams as outlined; conducts other business as needed or required
 - 2. Assistant Director - performs duties in all aspects of league operations as set forth by League Director and under his direction
 - 3. Committee Members - (3) three individuals, who are non-players, shall be appointed by the League Director as Committee Members - duties include, but are not limited to: collecting, depositing and expending league funds; serve on disciplinary review board; provide counsel for league rules, bylaws and operations
- C. Meetings - The league will hold a pre-season meeting in November to discuss league operations, officers, schedule, budget and bylaws
- D. Discipline - The league reserves the right to impose disciplinary actions toward individuals and/or teams for various offenses as outlined in these bylaws.

II. TEAMS - Each team is responsible for their own

- A. Fees - all participation fees are due at the time of registration; subsequent players are eligible only after pertinent fees are paid (team sponsors are encouraged but not required)
- B. Roster - each team is developed by the manager or players independently of the league and includes
 - 1. each player's full name
 - 2. each player's current telephone number
 - 3. each player's personal signature
- C. Manager - each team shall be represented with a team manager who is responsible
 - 1. to attend league meetings and to disseminate all information to the players
 - 2. for the team's and each player's conduct during league play on and off the court and
 - 3. for the conduct of the team's fans prior to, during and after all league games
- D. Uniforms - each player must wear a matching shirt or jersey
 - 1. that is numbered on the back with 6" or larger numbers
 - 2. that is numbered on the front with 4" or larger numbers and
 - 3. whose number is different from any other player on the team
 - 4. failure to comply will result in one indirect technical foul being assessed for the violation
- E. Player Eligibility - It is the responsibility of each team (manager and players) to insure that each player on the team meets eligibility requirements upon penalty of
 - 1. the penalty for fraudulent information is forfeiture of all team fees, league games and 1 year team probation during which time the team's future status is in jeopardy if further violations occur

- III. **PLAYERS** - In order to be eligible to play in the league each player must
- A. Age - Be 18 years of age or older and may no longer be attending high school
 - B. Roster - Add his personal signature to the team roster and
 - 1. be included on the original roster of the team or
 - 2. be added as a subsequent player before March 1st by
 - a. adding the name to the roster 24 hours prior to game time and
 - b. paying \$10 to the League Director
 - C. Post Season - Must play a minimum of 5 regular season games in order to be eligible for post season games

IV. **GAMES** - Played on Monday nights at the American Fork High School

- A. Clock - Games will consist of two 20 minute halves, running clock; clock will stop for:
 - 1. All time-outs
 - a. each team has 4 time-outs per game and
 - b. one additional time out per each overtime period
 - 2. every whistle during final 2 minutes of each half
 - 3. overtime periods are set for 3 minutes
- B. Forfeits - Games will be declared a forfeit with the win going to the opposing team if
 - 1. fewer than 4 players on a team are available at game time (there is a 10 minute grace period for the first game of the night only)
 - 2. it is determined that an ineligible person played in the game
 - 3. any player on a team is judged, by an official, as having lost control of his temper or
 - 4. if a player has an altercation with another player, a referee or an official of the league
- C. Officiating - Games are primarily officiated by the Utah County Basketball Official's Association using Utah High School Activities Association rules
- D. Gyms - Games will rotate through all gymnasiums for both A and B divisions

V. **PLAYER CONDUCT and DISCIPLINE**

- E. Technical Fouls shall be assessed for unsportsmanlike conduct
 - 1. technical fouls assessed during a single game
 - a. the 1st technical foul to an individual will require him to sit out 10 minutes.
 - b. the 2nd technical foul in the same game will require him to sit out the remainder of that game.
 - c. If a player were to receive a 3rd technical foul during a single game, it will result in that player being ejected for the remainder of that season including any post season games.
 - 2. other technical fouls or flagrant fouls
 - a. the 2nd assessed technical for the season will require the player to sit out 20 minutes.
 - b. the 3rd technical foul assessed to an individual during the season will result in at player being ejected for the remainder of that game and the next two games.
 - c. the 4th technical foul assessed to an individual during the season will result in that player being ejected for the remainder of the season including any post season games.
 - d. All fouls assessed to the bench of the team or the spectators of the team will be assessed indirectly to the team manager. The technical fouls assessed to the team manager will count toward the team managers' cumulative total for the season and penalties will be assessed according to the above rules.
 - e. If any foul is deemed to be flagrant by an official:
 - 1. that individual will be ejected for the remainder of that game as well as the

next two games (if this includes any post season game the player will be ineligible for the remainder of the season)

2. a flagrant foul will also be considered to be a technical foul in the cumulative count

- F. Fighting - Any physical or verbal activity before, during or after a league game that occurs as a result of an individual losing his temper is considered fighting and has serious consequences
1. any player who knowingly and wantonly instigates a fight with any verbal or physical action deemed unsportsmanlike by the referee or league official will be ejected for the balance of the game
 2. any player who throws a punch or tries to harm another player, referee or league official will be expelled from the league for the remainder of the year with no recourse for reentry
 3. any individual expelled from the league for fighting will not be allowed to play the following year without a review of the incident by the league officials and committee and will require a written petition and apology from the offending individual
 4. if the incident was determined to be a blatant attempt to cause physical harm to another player, referee or league official, that player will be permanently banned from further play with American Fork Recreation programs and his name shared with other recreation departments as a warning to them concerning his status in their programs
- G. Damage - Players are personally and legally responsible for any damage they or members of their family may cause to any part of the facility or equipment of American Fork High School whether it is done accidentally or intentionally; said player will be banned from playing in the league until damages are rectified by the individual
- H. League officials and directors have the right to remove any player, fan or spectator from the premises for inappropriate behavior.
- I. Protests - Protests can be made only because of a misinterpretation of a playing rule, applying the wrong rule to a given situation or for an ineligible player; such protests need to be made in writing within 24 hours of the game to the League Director who, along with the League Committee will respond within 7 days.