



10th – 12th Grade COED Soccer – League Specific Rules

Teams and Participants:

- All players **must** be registered with American Fork Recreation and your team, before they are allowed to legally participate.
- Any team that plays any portion of a game with a player, who is not properly registered on that team, may be dropped from the schedule and/or the post season tournament with no refund.
- A legally registered player that plays for a team he/she is not registered on, may be suspended from play in his/her next legal game.
- Individuals will only be allowed to be registered on one (1) team with American Fork Recreation during a single season.
- Players may not participate in both this league and an official High School recognized team if the seasons of play are held similar times of the year.
- Players may only be added to rosters prior to the third round of league play.

League specific rules:

League consists of 6 games plus 2 post season games.

Games consists of 2, 25 minute halves

Field size: approx. 80yd x 60yd, Full size goal.

8 v 8 format: A maximum of 8 players may be on the field during game play. A maximum of 4 male players and 4 female players on the field at any time and each team may not have more male players than Female during the game.

Exception: Each team may match the number of male players on the field (up to 4), regardless of the number of female players their team has on the field.

Players may not play with anything officials deem to be dangerous to themselves or others. This includes watches, hats, casts, illegal shoes or illegal cleats (no toe cleats allowed).

The goalkeeper may be either male or female.

Slide tackling is PROHIBITED – If the official stops play, a direct kick awarded to offended team.

If a Female scores a goal, her team will be awarded 2 points. If a male scores a goal, his team will be awarded 1 point.

Only female kickers will be allowed to take penalty kicks. If a goal is scored off on a penalty kick, the team will only be awarded 1 point.

Offside rule will not be enforced.